



Sarah Roberts

- Consultant
- Coach
- Trainer



Described by her clients as:

- **Skilled and knowledgeable** 20 years' experience of designing and delivering client focused solutions
- **Professional yet approachable** Can relate to all individuals across the organisation
- **Collaborative** Working with you to design a solution that works for your business and employees
- **Commercial** Understands the bottom line and that solutions need to be commercially focused

And the small print:

Sarah has a BSC in Psychology and an MSC in Occupational Psychology. She holds an Advanced Diploma in Coaching and Mentoring from the Oxford School of Coaching and Mentoring and is a qualified NLP Practitioner.

Sarah has worked across the majority of sectors at all levels of the organisation. Most recently she has been involved in the facilitation of culture change within organisations. This has often involved working with Leadership teams to support them to work more effectively both together and as individuals and to achieve transformational change. This has involved activity such as: consulting on the people strategy for change; coaching; designing and delivering leadership away days; leadership development programmes.

Sarah is also qualified to use many psychometric tools and she incorporates these skills and tools into her work with leaders and managers.